



UCA

Universidad
de Cádiz

Prof. Padilla-Moledo, Carmen
(carmen.padilla@uca.es)

Associate Coordinator International Relationships
of

Bachelor on Sport Science
Master on Physical Activity and Health
Master for teaching in Secondary



Universidad
de Cádiz

CADIZ city (SPAIN)

https://www.facebook.com/lavozdecadiz/videos/espectacular-v%C3%ADdeo-sobre-c%C3%A1diz/1589607231083168/?locale=pl_PL
<https://fb.watch/k6y3lkgVI9/>



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SPAIN)



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UNIVERSIDAD DE CADIZ

<https://youtu.be/PbGYJpbOVmg>

FACULTAD DE CC DE LA EDUCACIÓN

<https://www.youtube.com/watch?v=hasmdePXg6k>



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SPAIN)





SCHOOL OF EDUCATION

- **SPORT SCIENCE BACHELOR**

<http://educacion.uca.es/grado-en-cc-actividad-fisica-y-del-deporte/>

- **PHYSICAL ACTIVITY AND HEALTH MASTER**

<https://educacion.uca.es/grado-en-cc-actividad-fisica-y-del-deporte/>

- **TEACHING IN SECONDARY SCHOOL MASTER**

<https://oficinadeposgrado.uca.es/informacion-basica-masteres-oficiales/master-universitario-en-profesorado/>

- **SPORTS SCIENCE PhD**

<https://escueladoctoral.uca.es/doctorado/oferta-doctorado/programa-de-doctorado-en-ciencias-de-la-actividad-fisica-y-del-deporte-8221/>





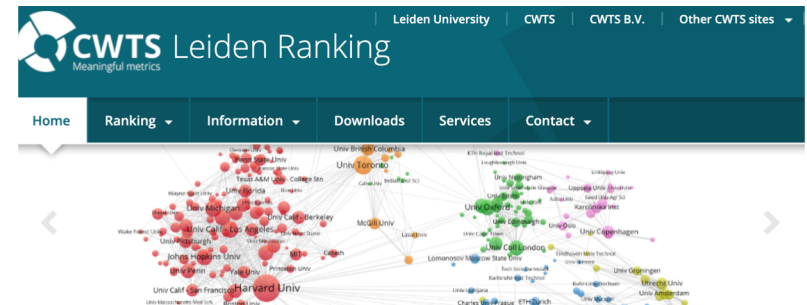
AREA OF PHYSICAL ACTIVITY AND SPORT SCIENCES



- World top 200 Sport Areas
- Spanish top Sport Areas: number 5



- European award EFQM 500+





DEGREE OF PHYSICAL ACTIVITY AND SPORT SCIENCES

- **First academic year: 2011/2012**
- **Total number students: 240**
- **Academic programme: 4 years (Master: optional)**
- **Total number teachers: 25. International Doctoral Thesis (95%)**
- **Galeno Research group: (+350JCR)**

<https://produccioncientifica.uca.es/grupos/7742/detalle>



Academic Programme

DEGREE OF PHYSICAL ACTIVITY AND SPORT SCIENCES

4 year programme

Two Mayor:

- a) Physical Activity and Health
- b) Management on Sport and recreation



DEGREE OF PHYSICAL ACTIVITY AND SPORT SCIENCES

- Physical Activity and Sport Bachelor
- <https://www.youtube.com/watch?v=E6egg-H8xjg&feature=youtu.be>
- Outdoor facilities
- https://youtu.be/_ubc9UNmP2A
- Sports events:
 - Nautical Sports: <https://www.youtube.com/watch?v=yK-dfg7uGxM>
 - NAUFIT: <https://www.youtube.com/watch?v=u5ADiZ3dViY&feature=youtu.be>
 - UCARunner: https://www.youtube.com/watch?v=AJ_XbgXEx3k&t=7s
 - UCAdanza: <https://www.youtube.com/watch?v=batMhmCSShY&t=12s>
 - https://twitter.com/GCAFD_UCA/status/1115217946819870723



DEGREE OF PHYSICAL ACTIVITY AND SPORT SCIENCES

- **International Programmes Exchange:**
 - ERASMUS: <https://youtu.be/wINTkiNdygE>
- <https://educacion.uca.es/estudios-grados-grado-en-actividad-fisica-y-deporte-movilidad/>



RESEARCH TEAM

GALENO CTS-158

“PHYSICAL ACTIVITY AND HEALTH”

<https://produccioncientifica.uca.es/grupos/7742/detalle>

RESEARCH ACTIVITIES

Research group:

“Galeno”

Topic: Physical Activity and Health



**WORK IN
PROCESS**

ACTIVE PROJECTS



INTERNATIONAL FUNDED PROJECTS COMPETITIVE GRANTS



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SPAIN)



INTERNATIONAL COMPETITIVE FUNDED PROJECTS

TÍTULO: Let's Move Europa: School-based Promotion of Healthy Lifestyles to Prevent Obesity **EUMOVE**



OBJETIVO: The main goal of this project is to design and implement a comprehensive set of strategies and resources to enable the educational community to promote healthy lifestyles in order to reduce risk factors for non-communicable diseases.

HEAD RESEARCH:
David Sánchez Oliva
Josee Castro Piñero
Daniel Camiletti

<https://eumoveproject.eu/?lang=es>

SPANISH FUNDED PROJECTS COMPETITIVE GRANTS



TÍTULO: Design and implementation of resources to develop physically active academic classes: effects on school and health indicators: the **ACTIVE CLASS** study

GOAL: To create of resources (videos and activities) and activity guides for active classes

Ministry of economy, industry and competitiveness **RETOS I+D+I 2017-2020**
(PID2019-104023RA-I00)
Amount: 35.090€



HEAD RESEARCHERS
Dr. David Sánchez Oliva
Dr. Daniel Camiletti Moirón
Dr. Alberto Grao Cruces



Grupos de Investigación GALENO y ACAFYDE
Universidad de Cádiz / Universidad de Extremadura



TÍTULO: Diseño de Batería de Test de Condición Física relacionada con la Salud en adultos: The ADULT-FIT Battery

(Physical Fitness Test Battery for adults to prevent cardiovascular risk factors)

**NATIONAL COMPETITIVE FUNDED PROJECTS RETOS I+D+I
2018-2020**

Ministry of economy, industry and competitiveness

(DEP2017-88043-R)

Amount: 112.000€



**HEAD RESEARCHERS:
Dr. Jose Castro Piñero
Dra. Magdalena Cuenca Garcia**

**Grupo de Investigación GALENO
Universidad de Cádiz.**

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SPAIN)

SUBMITTED PROJECTS



CONDICIÓN FÍSICA COMO HERRAMIENTA DE DIAGNÓSTICO Y PREVENCIÓN PRIMARIA DEL RIESGO CARDIOVASCULAR EN ADULTOS: ESTUDIO CARDIO-FIT

PHYSICAL FITNESS AS A TOOL FOR DIAGNOSIS AND PRIMARY PREVENTION OF CARDIOVASCULAR RISK IN ADULTS: CARDIO-FIT STUDY.

GOAL: to analyze the association between physical fitness levels and cardiovascular health, in order to identify adults with presence or absence of an ideal cardiovascular health profile (ICH) through physical fitness cut-off points

CONVOCATORIA: SUBVENCIONES PARA LA FINANCIACIÓN DE LA I+D+i BIOMÉDICA Y EN CIENCIAS DE LA SALUD EN LA PROVINCIA DE CÁDIZ 2018-2020 (PI-0002-2017)



INVESTIGADORES PRINCIPALES:
Dra. Magdalena Cuenca García
Dr. José Castro Piñero

Grupo de Investigación GALENO,
Universidad de Cádiz.



FINISHED FUNDED PROJECTS



TÍTULO: THE UP&DOWN STUDY: A LONGITUDINAL STUDY 3 YEARS

CONVOCATORIA: PROYECTO NACIONAL RETOS I+D+I 2010-2014)

Cuantía: 450.000€

GOAL: To analyze the impact over time of physical activity and sedentary lifestyle on health indicators such as physical fitness, risk factors for cardiovascular and metabolic diseases, new biomarkers of immunoinflammation and mental health, as well as to identify the psychoenvironmental and genetic determinants of an active lifestyle in healthy schoolchildren and adolescents with Down syndrome.



*Up & Down
Study*

HEAD RESEARCHES:
Dr. José Castro Piñero

Grupo de Investigación GALENO
Universidad de Cádiz.



**12 DEFENDID
THESIS**

**+50 PAPERS ON
JCR**

INiBICA Research Institute

<https://inibica.es>

GALENO RESEARCH TEAM (CTS158)

<https://produccioncientifica.uca.es/grupos/7742/detalle>



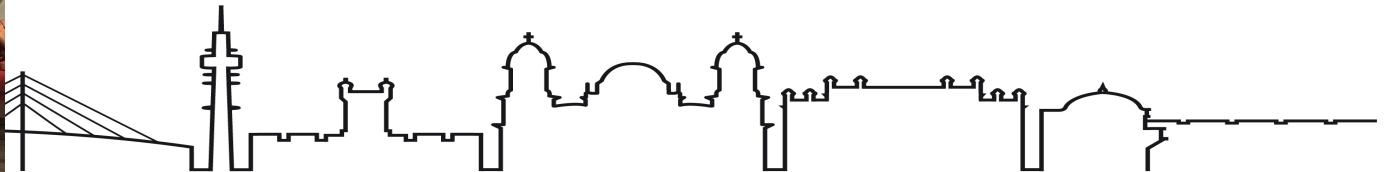
Dra. Carmen Padilla Moledo

Department of Physical Activity, Plástic Arts and Music.

School of Education, University of Cadiz

Associate Coordinator International Relationships

<https://produccioncientifica.uca.es/investigadores/113131/detalle>



Formación
académica

Docencia

Investigación

Transferencia

Gestión

Research stays



GALENO RESEARCH TEAM (CTS158)

<https://produccioncientifica.uca.es/grupos/7742/detalle>



Dra. Carmen Padilla Moledo

*Department of Physical Activity, Plástic Arts and Music.
School of Education, University of Cadiz*

**CHOREOGRAPHER
Of UCAdanza team**



<https://www.youtube.com/watch?v=batMhmCSShY&t=12s>



You are welcome!!!!

Dobrodošli!!!

www.uca.es

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